

Brutal Planet: Garden Of Peace Series (Part 1)

A Commentary on Rabbi Shalom Arush's book The Garden of Peace: A Marital Guide for Men Only

NO COMMENTS OR CRITICISMS PLEASE!

- **Our true purpose on earth is to get to know, live for and serve YHWH our Elohim and the way to do it is by withstanding the test and trials to bring Shalom bayit.**
 - How many times have you been tested in your relationship with your wife/girlfriend? Or in day to day life? What is the purpose for these tests and trials?
- **The two most important attributes one must have to serve YHWH is emunah and humility. Through those things we achieve our soul correction needed to be able to fulfill our mission on earth.**
 - Striving to build a successful marriage to attain shalom bayit is key to fulfilling our purpose and perfecting one's self.
 - Many leading tzaddikim have said that stern judgements and their manifestations – sickness, strife, financial difficulties, and the like are frequently the outcome of a woman's distress in the face of her husband's disregard or disrespect for her. Therefore, one will find an enormous added dividend that the more he invests in shalom bayit, the more he invokes Divine blessing into his life.

“A husband came to me with a long list of things that he does for his wife. He devotes time to her every day. He's attentive to her needs and buys her everything, even spoils her. Apparently, she should be the happiest of women. But no – she is miserable, and they do not have peace in their home. Even worse she frequently lashes out at him in anger. What is going on here?

*To my dismay, this phenomenon is quite familiar; it is clear why the husband had a turbulent home. I told him that his frequent comments about everything she does was destroying her happiness. By the look in his eyes, I knew that I was right on target. All the gifts and niceties in the world are not worth a constant stream of comments and criticism. The wife of a critical husband is broken, depressed, pained and has no vitality” - **Rabbi Shalom Arush***

- **NEVER CRITICIZE YOUR WIFE UNDER ANY CIRCUMSTANCE!!!!**
 - Marital peace is impossible as long as a husband continues to criticize his wife and comment about everything she does. Every tiny comment is a crack in the wall of marital bliss. With more cracks the home eventually crumbles to the ground.
 - YHWH created her differently from us, notice she was taken from Adam's rib, she is a part of us that we at times do not understand because YHWH took a part of us to create her. She is truly our other half.
 - YHWH created the marital relationship in such a way that a husband's criticisms can do terrible damage to it. Therefore do not expect your wife to “get used to” your comments and criticisms.
 - NEVER, NEVER, NEVER demand “maturity” or “rational behavior” implying that she is immature or irrational utterly destroy her ruach.

- **This is her honor**

- Honor= Mirror, be open and honest and leave no impurity that will reflect badly on her and cause her to feel dishonored.
- The spiritual source of any woman's soul is honor, her entire vitality and happiness is dependent upon if her husband honors her.
- Any affront to her honor damages her soul, weakens her vitality, and virtually kills her mentally and spiritually
- A woman wants to be perfect in her husband's eyes – This is her honor happiness and security.
- Any morsel of criticism from her husband that implies she is not perfect, in her mind makes her think that she is not worth anything. A wife whom is constantly subjected to criticism finds her life unbearable.
- If your wife is in error, how does one go about correction so she does not feel attacked? This will be covered later.

- **The First Foundation**

- It is impossible to achieve shalom bayit when one criticizes their wife. Every single time a husband gives a list of grievances about his wife to a counselor the thing that is often noted is that his wife may complain over the smallest things that did not bother her before. This is brought on by the criticisms of the husband. The fact is when she is broken and sad every little thing upsets her. Women are much more emotional in these things then men are.
- Build her up, quit the criticism and you will find she will not be upset over the things she was upset over before.

- **Your Wife is a Mirror**